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Session Experience Scale (SES)

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Practice:	Practitioner:	
Date:	Client:	
Please mark how you feel about TODAY'S SESSION. Amark of '0' means the worst and a mark of '10' means the best. Please tick the appropiate box		
	OFF	FICE USE ONLY
1. Did I feel respected, cared about, and really he	eard?	
Worst 0 1 2 3 4 5	6 7 8 9 10 Best	
2. Did we work on the right things today?		
Worst 0 1 2 3 4 5	6 7 8 9 10 Best	
3. Did we work on what I want to change in my life?		
Worst 0 1 2 3 4 5	6 7 8 9 10 Best	
TOTAL SCORE		